

**AGENDA
ARKANSAS SOPHE ANNUAL MEETING**

Pre-conference - October 16, 2018

4:30 – 6:00 **Student Case Study Competition (Doyne Health Science Center, Room 141)**

October 17, 2018

8:30 – 8:45 **Registration (Doyne Health Science Center, Room 141)**

8:45 – 9:00 **Welcome (Kimberly Enoch, MPH, MCHES, President ARSOPHE - Jimmie Ishee, PhD, Dean, College of Health and Behavioral Sciences - Emogene Fox, EdD, CHES, Chair, Department of Health Sciences) (Doyne Health Science Center, Room 141)**

9:00 – 9:50 **Keynote - Dr. Angela Mickalide, PhD, MCHES, President of SOPHE, Preventing Unintentional Childhood Injuries: Then, Now, Imagine (Doyne Health Science Center, Room 141)**

9:50 - 10:00 Transition to first session

10:00-10:50 **Breakout Session 1**

<p>Open screening (Nursing Suite 210)</p> <p>Screenings: blood pressure, cholesterol, BMI, height, weight, waist circumference, resting heart rate</p> <p>Brief lifestyle counseling session</p> <p>Flu shot</p>	<p>1A (Room 325)</p> <p>Title: Re-Igniting Health Education by Piloting a Consumer Health Course and Guide for Nurse and Patient Educators in Arkansas.</p> <p>Presenters: Lindsay Blake, MLIS, AHIP, Clinical Services Librarian, University of Arkansas for Medical Sciences Library</p> <p>Alice Jagers, MSLS; Outreach Coordinator; University of Arkansas for Medical Sciences Library</p>	<p>1B (Room 326)</p> <p>Title: Ketogenic Diet For Diabetes: Treatment or Trouble?</p> <p>Presenter: JJ Mayo, PhD, RDN, CSCS, Department of Family and Consumer Sciences, University of Central Arkansas</p>
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10:50 – 11:00 Transition to next session

11:00 – 11:50 **Breakout Session 2**

<p>Scheduled screenings (Nursing Suite 210)</p> <p>Screenings: blood pressure, cholesterol, BMI, height, weight, waist circumference, resting heart rate</p> <p>Brief lifestyle counseling session</p>	<p>2A (Room 325)</p> <p>Title: Using Evidence Based Practice in Public Health Education: A Nuts and Bolts Approach for Interprofessional Educators</p>	<p>2B Student Session (Room 326)</p> <p>Title: Using Theory of Planned Behavior to Determine Factors That Influence Selected Undergraduate Students' to Give and Ask for Consent</p> <p>Presenter:</p>
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<p>Flu shot</p>	<p>Presenter: Sandie Nadelson, RN, Assistant Professor, Department of Nursing, University of Central Arkansas</p>	<p>Shun Ingram, MS, CHES Instructor/Education Counselor, University of Central Arkansas Title: How to Ace the Interview</p> <p>Presenters: Sharady Glover, BS Student, Department of Health Sciences, University of Central Arkansas Anita Sego, PhD, MCHES, Assistant Professor, Department of Health Sciences, University of Central Arkansas</p>
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11:50 – 12:00 Transition to lunch

12:00 – 12:30 **Lunch/Student Awards (pick up lunch in room 313 and dine in 326) and Scheduled Screenings (Nursing Suite 210)**

12:30 – 1:20 **Breakout Session 3**

<p>Scheduled screening (Nursing Suite 210)</p> <p>Screenings: blood pressure, cholesterol, BMI, height, weight, waist circumference, resting heart rate</p> <p>Brief lifestyle counseling session</p> <p>Flu shot</p>	<p>3A (Room 325)</p> <p>Title: The Be SMART Program: Educating the Community on Safe Gun Practice</p> <p>Presenter: Johanna Thomas, Ph.D., LMSW, Assistant Professor, University of Arkansas School of Social Work, University of Arkansas</p>	<p>3B (Room 326)</p> <p>Title: The Effect of a Lifestyle Behavior Intervention on Weight Loss in University Employees</p> <p>Presenter: Laura Gillis, DNP, RN Assistant Professor, Department of Nursing, University of Central Arkansas</p>
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1:20 – 1:40 Transition to next session

1:40 – 2:30 **Breakout Session 4**

<p>Open screening (Nursing Suite 210)</p> <p>Screenings: blood pressure, cholesterol, BMI, height, weight, waist circumference, resting heart rate</p> <p>Brief lifestyle counseling session</p> <p>Flu shot</p>	<p>4A (Room 325)</p> <p>Title: Second Chance Programs in Schools for Students Struggling with Substance Abuse</p> <p>Presenter: Stephanie F. Rose, LCSW, AADC, CS, Addiction Studies Faculty, University of Central Arkansas</p>	<p>4B (Room 326)</p> <p>Title: Collaboration and Partnership: A Five-Year Evaluation Success Story</p> <p>Presenters: Kathleen Courtney, Program Advisor, Arkansas Department of Education (<i>Retired</i>)</p> <p>Betty M. Hubbard, EdD, MCHES, Professor, UCA, Department of Health Sciences</p> <p>Heather Hudson, PhD, MCHES, Associate Professor, UCA, Department of Health Sciences</p> <p>Jacquie Rainey, DrPH, MCHES, Professor, UCA, Department of Health Sciences</p>
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2:30 – 2:40 Transition to next session

2:40 – 3:30 **Breakout Session 5**

<p>Open screening (Nursing Suite 210)</p> <p>Screenings: blood pressure, cholesterol, BMI, height, weight, waist circumference, resting heart rate</p> <p>Brief lifestyle counseling session</p> <p>Flu shot</p>	<p>5A (Room 325)</p> <p>Title: The State of Yoga Research and Practice for Mental Health and Substance Use Outcomes</p> <p>Presenter: Meg Gorvine, Doctoral Candidate, Health Promotion and Prevention Research University of Arkansas for Medical Sciences</p>	<p>5B (Room 326)</p> <p>Title: Rethink Your Drink, A Healthy Active Arkansas Tool for Schools and Communities</p> <p>Presenters: Anna Haver, BS, MCHES, Act 1220 Coordinator Arkansas Department of Education Sarah Brisco, BSE, Community Health Promotion Specialist, Arkansas Department of Education</p>
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3:30 - 3:40 Transition to Evaluation/All-member meeting

3:40 – 4:10 **Evaluation/All-member Meeting**
Anita Sego, President-Elect, Arkansas SOPHE

4:10 – 5:30 **Break for dinner on your own**

5:30 – 7:30 **Video Presentation, “Someone You Love, The HPV Epidemic (Doyne Health Science Center 141)**

An application has been submitted to award NCHEC CECHs for CHES/MCHES for the Conference, Case Study Competition, and Someone You Love Video Presentation