

AR Society for Public Health Education Newsletter

June 2015

2015 Executive Committee



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A Note from the President:

Hello everyone! I hope everyone is looking forward to a wonderful summer! Be sure and spend some time with the many parks, lakes, rivers, and other attractions our great state has to offer. I want to take this time to thank Quinyatta Mumford and others for the amazing job they did putting our annual conference together! We had great speakers, food, and fellowship. Read all about it in this newsletter and make plans to attend next year's conference. You won't want to miss it!



I would also like to take the opportunity to highlight the importance of us as an organization in sharing our expertise and resources with one another. Whether it is a monetary donation, educational materials or talks, or even a conference or meeting room, we can all benefit and grow stronger as an organization by taking advantage of what each of us has to offer. Take some time this summer to think about what you can offer to help our organization grow even stronger! Read below to find out how you can give of your time and be a mentor to a Health Education student.

I hope everyone enjoys their summer! Be safe and let us hear from you!

Sara Daniel, MS, CHES, RHIA

Secretary

Alison Rose, MPH,
CHES

**Member at Large
Conference**

Quinyatta Mumford,
MPH, CHES

**Member at Large
Membership**

Kim Miller, MEd,
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Amanda Harvey

Quick Links

[AR SOPHE Website](#)

**CHES/MCHES
Continuing
Education
Opportunities**

[Connecting Across
Professions \(CAP\)](#)
&
[ONE Team](#) are

**2015 Conference: Blazing a Trail for Health
Education and Health Promotion**

Nearly 90 health
education
professionals and
students gathered
on April 10 on the
campus of the
University of



Arkansas for Medical Sciences for an annual conference hosted by AR SOPHE. Sponsored by the Arkansas Minority Health Commission and the Arkansas Board of Health Education, this year's theme was Blazing a Trail for Health Education and Health Promotion and featured keynote speaker J. Mark Wilson of Wiseprogress, Inc. In his address, Wilson engaged the audience in a lively discussion about commonly encountered pitfalls in professional life and offered tools for removing obstacles to success. Other highlighted session topics include health communications during public health crises, reduction of infant mortality, and updates in competencies expected among credentialed health educators. Presentations and participant handouts can be accessed at

<http://www.arkansasophe.org/ConfDownloads2015.html>.



More than 30 students
attended this year's
conference, and 7
individuals and teams
submitted entries for
the student poster
contest. Mallory

Sexton (University of Central Arkansas, pictured) took first place with her poster titled *Understanding Sudden Infant Death Syndrome*. Also from UCA, a team comprised of students Amy Schichtl, Wes Plummer and Mariah Fletcher received the second place award for their poster *E-Cigarettes: Are They Really the Lesser of Two Evils?* Congratulations to these up-and-coming health

teleconferences that are offered each week from the UAMS Center for Distance Health.

One hour of CHES/MCHES credit is available for each teleconference.

[A calendar of upcoming events is available here.](#)

Contact [Kim Miller](#) for more information.

Keep in touch

We welcome your feedback. Email [AR SOPHE](#) to submit questions, comments, or information to be included in the next newsletter.

[Join Our Mailing List!](#)

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educators!

The Executive Committee of AR SOPHE extends gratitude to Quinyatta Mumford, Conference Chair, for her leadership in organizing the event. Likewise, thanks are offered to all who participated in the planning of the conference. Any members who wish to serve on the 2016 conference committee should contact Quinyatta at Quinyatta.Mumford@arkansas.gov.

National Delegate Update:

Carla Gilbreath attended the SOPHE 66th Annual Meeting in Portland, Oregon in April.

[Updates from the House of Delegates Meeting can be found here.](#)

Member Highlight:



Dana Smith has been a health educator for 22 years. She graduated from the University of Central Arkansas in 1991 with a Bachelor of Science degree in Psychology and in 1993 with a Master of Science Degree. She

began her career at the Arkansas Department of Education (ADE) in 1993 as the HIV/AIDS Education Coordinator and then became the Comprehensive School Health Education Coordinator in 1995. She left ADE in 1998 to begin her career at UAMS Medical Center as a patient education specialist. At UAMS she teaches patients on a variety of topics including prenatal care, CPR and self-care at home.

Dana became a Certified Health Education Specialist in 2001 and a Master Certified Health Education Specialist in 2011. She is also a Certified Childbirth Educator and a Certified BLS CPR Instructor.

Dana is currently the treasurer for Arkansas SOPHE and has also served terms as the president, vice president and several member at large positions. She was appointed by Governor Beebe as a board member to the Arkansas Board of Health Education and chaired the board from 2011-2012. She has served on many other committees in her career including chairing the first Arkansas SOPHE Health Education Conference in 2001. She received the Distinguished Fellow Award from Arkansas SOPHE in 2007.

Dana has been married for 20 years to her husband, Tim. She has two children - Bradyn (age 15) and Austin (age 18). In her free time, she enjoys going to the lake, cooking, watching movies and being with family. She is honored to have been a part of the Arkansas SOPHE family for close to 20 years!

Become a Mentor!

The AR SOPHE mentor program is up and going.

For those seeking to become a mentor an application can be found [here](#). For those requesting a mentor an application can be found [here](#).

For more information contact [Kim Miller](#).